## **ACT Lesson A1**

# **Engaging with Music**

### Goals

- Build capabilities of students to focus and pay attention through a "fun" activity.
  - o As they act with the musical beat, students will focus on the music.
- Foster language acquisition.
  - o Talking about experiences without pressure of being right or wrong will help build language skills and confidence in the use of verbal language.
- Prepare students for further learning during the school day.

## Equipment

- CD player and recommended CDs (see Appendix I)
- Musical suggestions
  - o Sousa: "Stars and Stripes Forever" march
  - o Saint-Saëns: "The Swan," "Aquarium," or "Pianists" from Carnival of the Animals
- 2 tennis balls (optional)
- Sets of colored streamers (optional)

#### Directions

- Play CDs of different musical styles (anything except RAP) with strong beat and rhythm.
- Invite students to clap, march, wave streamers, or bounce tennis balls to the musical beats.

## Follow-up

- For each example, ask students to describe what they listened to as they engaged with the music. As an example, suppose they were clapping to the music.
  - What did you listen to while you were clapping with this music?
- Tell students there is no right or wrong answer.
  - o Did anyone listen to anything else while they were clapping to the music?
- Get students to begin to think about what they listened to, and prepare them to think more closely about this in future lessons.

ACT Handbook 5

- Did anyone hear anything in the music that affected the way they clapped?
- Did anyone else hear something different in the music that affected their clapping?
- o Did anyone feel differently than before as they clapped with the music?
- o *In what way?*
- What was it about the music that made you react that way, do you think?
- Make note of interesting words and appropriate vocabulary write words, phrases, or sentences on an easel or board.
  - o I like how you used that word in your description.
  - Can someone else use that word in a sentence?
  - Do we know another word for that?
  - o Can someone else say that?
  - That sounds like what another student said a few minutes ago here it is on the board.

6 ACT Lesson A1